

## CARE MANAGEMENT



**CARE MANAGEMENT** is a collaborative, person-centered service that focuses on the coordination and management of someone's care and support needs, using a holistic approach.

### COMPONENTS OF CARE MANAGEMENT



#### ASSESSMENT

Identify the individual's baseline status, support needs, current supports, available resources, goals, and potential barriers to accessing support.



#### CARE PLANNING

Create a written care plan that identifies short-term and long-term support needs, goals, and stakeholders. The care plan outlines an action plan for coordination and monitoring and is updated as needs change.



#### COORDINATION

- Identify and coordinate services/transportation
- Make referrals, schedule services, attend meetings/appointments
- Keep stakeholders informed to assist with decision making.



#### MONITORING

The Care Manager monitors the safety and well-being of the individual, quality of care from support services, monitors for changes to the individual's baseline status, and ensures support needs are met.

#### CONTACT US TODAY!

📞 703-461-6000

@ familysupportservices@servicesource.org

Scan or click the QR code to submit a referral or to inquire how we may be able to help you.

CARE MANAGEMENT REFERRAL



#### BENEFITS OF CARE MANAGEMENT

- Reduce and/or prevent crises/emergencies.
- Identify risk factors/reduce costs through early intervention.
- Supports caregivers and helps bring peace of mind.

#### AREAS OF SUPPORT

- Medical
- Social engagement/Activities
- Housing and home maintenance; assistive technology, home modifications
- Financial
- Scheduling/Applications/Referrals/Check-Ins, and more